

14th Sunday of the Year

Saturday	4.15pm	Moirá Cartmell (St Teresa's)
Sunday 5 th July	9.30am	Special Intention
Monday		--
Tuesday	1.30pm	Robson Newstead
Wednesday	10.00am	Deceased members of Lennon & Walsh families (St. Teresa's)
Thursday	9.30am	Father O'Connor
Friday	9.30am	Special Intention
	10.30am	Miriam Quarzi (St Teresa's)
Saturday	4.15pm	Deceased members of Stobbs & Mosse families (St. Teresa's)
Sunday	9.30am	Special Intention

- * Sheila Goldsack, Sarah Harrison, Peter Janczyk, Tony Kelly, Patrick Manley, Dr. Amy Mayor, Fr. Pat McKenna, Claire Menzies, Philip Robinson, Anne Taylor, and all in the parishes who are sick.
- * Gerry Taylor, Audrey Turnbull, Brian Cunningham, Stephen McKenna, Miriam Quarzi, Canon Spence, Bob King, Val Proud, Martin Durkin and all those who have died recently.
- * Those whose anniversaries are at this time.



5th July 2026



Parish Priest: **Fr. Vernatius O. Edih**
Deacon: **Rev Peter Smith**
Retired Priest: **Fr Bernard Pitt (St Teresa)**

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OFFICE HOURS: Wednesdays, Thursdays & Fridays; Time : 9.00am—12noon

Spiritual Digest for July: the 7th month of the year.

The month of July has arrived like a confident sunrise, marking the second half of the year with renewed hope, determination and boundless prospects. Throughout this month we should gently remind ourselves that unfinished dreams still have time to bloom and delayed victories can become outstanding testimonies. Every sunrise during this month whispers resilience, hope and the courage to begin again. This month sees the world's greatest football spectacle reach its thrilling finale and the crowning champions will celebrate their perseverance and excellence. As the significance of the final whistle resonates across nations, may it inspire us to pursue our individual goals with firm determination. May this July be a season of renewed vigour, meaningful progress, Divine favour, unforgettable victories and a firm belief that the finest chapters of the year are still unfolding. Keep the Spirit alive, enjoy the rest of the month, and be lifted!

14th Sunday; Zachariah 9:9-10, Romans 8:9,11-13 & Matthew 11:25-30

The readings of today reveal Our Lord Jesus Christ as the humble King foretold by the prophet, who has come with peace, inviting all who are weary to find true rest in Him through humble and trusting hearts. St Paul reminds us, that this rest is made possible because the Holy Spirit dwells within us, thereby freeing us from the power of sin and converting us into people who live by God's grace rather than, by the desires of the flesh. As we gather around the altar in the breaking of bread, let us entrust our burdens to Christ, welcome the renewing power of the Holy Spirit, and become instruments of His peace and love in the world around us. God loves you, and so, do I. Fr Vernatius

The Bishops of England and Wales conclude that dipping the consecrated host into the Precious blood is not recommended as the normal method of receiving the Holy Communion. So, self-intention is not permitted in our Parishes.

We would like to keep the coffee morning running through out the school summer holiday, but many of our volunteers are often unavailable during the holidays. The Sundays in question are July 26th to August 30th inclusive, a total of 6 Sundays. Any parishioners who can help on any of these Sundays, please contact Margaret 07941729556 or Robert 07393396090.

We are encouraged to join in the praying of Rosary(20 mins & grace of 10 minutes personal meditation) before masses in our parishes.

Collections: Sea Sunday 12th July

ST TERESA'S :

St. Teresa's Fayre will now take place on Saturday 11th July - starting at 11am, (apologies for the change of date) Raffle tickets are available before and after Mass on Saturday. Any donations for the Fayre or raffle will be greatly appreciated. Please no bric -a- brac . Thank you for your continued support.

Transfigure: Join us for an hour of music and meditation at 7pm on Tuesday 14th July, followed by coffee and cake. All are welcome.

ALL SAINTS:

JUNE CENTENARY UPDATE: 4 months to go! Booklet 'Our Beautiful Church' on sale £4 .

Thank you for all the Tombola donations and also thank you to all who have donated to the cost of the flowers.

All is gratefully received.

'First Fridays Kids' club will run every first Friday of the month from 4pm-5.30pm.

Coffee after Mass on Sunday: Today will be hosted by Children's Liturgy. 12th July will be hosted by Kathleen, Ann & Denise. Come and join us for coffee and a chat.

Counting: 5th July Team 2—Hilary Peart & Julie Leckenby
12th July Team 3—Michael Bove & Robert Goodburn

Next Sunday readings: Isaiah 55:10-11, Romans 8:18-23. Matthew 13:1-23

Communion Reflection: 'Here I am Lord' - James Kilbane

Mass Attendance for last week: All Saints: 114 St Teresa's: 75